

# CALENDRIER FORMATIONS

JANVIER 2026 - AOUT 2026

Pascale Hertel - Isabelle Marcadé Schueller

- Version Janvier 2026 -

|    | Jan-26 |    | Fév-26 |    | Mar-26 |    | Avr-26 |    | Mai-26 |    | Jun-26 |    | Juil-26 |    | Août-26 |    | Sept-26 |    | Oct-2026 |
|----|--------|----|--------|----|--------|----|--------|----|--------|----|--------|----|---------|----|---------|----|---------|----|----------|
| 01 |        | 01 |        | 01 |        | 01 |        | 01 |        | 01 |        | 01 |         | 01 |         | 01 |         | 01 |          |
| 02 |        | 02 |        | 02 |        | 02 |        | 02 |        | 02 |        | 02 |         | 02 |         | 02 |         | 02 |          |
| 03 |        | 03 |        | 03 |        | 03 |        | 03 |        | 03 |        | 03 |         | 03 |         | 03 |         | 03 |          |
| 04 |        | 04 |        | 04 |        | 04 |        | 04 |        | 04 |        | 04 | TFH 5   | 04 |         | 04 |         | 04 |          |
| 05 |        | 05 |        | 05 |        | 05 |        | 05 |        | 05 |        | 05 | TFH 5   | 05 |         | 05 |         | 05 |          |
| 06 |        | 06 |        | 06 |        | 06 |        | 06 |        | 06 | TFH 4  | 06 |         | 06 |         | 06 |         | 06 |          |
| 07 |        | 07 |        | 07 |        | 07 |        | 07 |        | 07 | TFH 4  | 07 |         | 07 |         | 07 |         | 07 |          |
| 08 |        | 08 |        | 08 |        | 08 |        | 08 | TFH 3  | 08 | TFH 4  | 08 |         | 08 |         | 08 |         | 08 |          |
| 09 |        | 09 |        | 09 |        | 09 |        | 09 | TFH 3  | 09 |        | 09 |         | 09 |         | 09 |         | 09 |          |
| 10 |        | 10 |        | 10 |        | 10 | TFH 2  | 10 | TFH 3  | 10 |        | 10 |         | 10 |         | 10 |         | 10 |          |
| 11 |        | 11 |        | 11 |        | 11 | TFH 2  | 11 |        | 11 |        | 11 |         | 11 |         | 11 |         | 11 |          |
| 12 |        | 12 |        | 12 |        | 12 | TFH 2  | 12 |        | 12 |        | 12 |         | 12 |         | 12 |         | 12 |          |
| 13 |        | 13 |        | 13 |        | 13 |        | 13 |        | 13 |        | 13 |         | 13 |         | 13 |         | 13 |          |
| 14 |        | 14 |        | 14 | TFH 1  | 14 |        | 14 |        | 14 |        | 14 |         | 14 |         | 14 |         | 14 |          |
| 15 |        | 15 |        | 15 | TFH 1  | 15 |        | 15 |        | 15 |        | 15 |         | 15 |         | 15 |         | 15 |          |
| 16 |        | 16 |        | 16 | TFH 1  | 16 |        | 16 |        | 16 |        | 16 |         | 16 |         | 16 |         | 16 |          |
| 17 |        | 17 |        | 17 |        | 17 |        | 17 |        | 17 |        | 17 |         | 17 |         | 17 |         | 17 |          |
| 18 |        | 18 |        | 18 |        | 18 | SR 2.1 | 18 |        | 18 |        | 18 |         | 18 |         | 18 |         | 18 |          |
| 19 |        | 19 |        | 19 |        | 19 |        | 19 |        | 19 |        | 19 |         | 19 |         | 19 |         | 19 |          |
| 20 |        | 20 |        | 20 |        | 20 |        | 20 |        | 20 |        | 20 |         | 20 |         | 20 |         | 20 |          |
| 21 |        | 21 |        | 21 | SR 1   | 21 |        | 21 |        | 21 |        | 21 |         | 21 |         | 21 |         | 21 |          |
| 22 |        | 22 |        | 22 | SR 1   | 22 |        | 22 |        | 22 |        | 22 |         | 22 |         | 22 |         | 22 |          |
| 23 |        | 23 |        | 23 |        | 23 |        | 23 | SR 3   | 23 |        | 23 |         | 23 |         | 23 |         | 23 |          |
| 24 |        | 24 |        | 24 |        | 24 |        | 24 | SR 3   | 24 |        | 24 |         | 24 |         | 24 |         | 24 |          |
| 25 |        | 25 |        | 25 |        | 25 | BG 1   | 25 | SR 2.2 | 25 |        | 25 |         | 25 |         | 25 |         | 25 |          |
| 26 |        | 26 |        | 26 |        | 26 | BG 1   | 26 |        | 26 |        | 26 |         | 26 |         | 26 |         | 26 |          |
| 27 |        | 27 |        | 27 |        | 27 |        | 27 |        | 27 |        | 27 |         | 27 |         | 27 |         | 27 |          |
| 28 |        | 28 |        | 28 |        | 28 |        | 28 |        | 28 |        | 28 |         | 28 |         | 28 |         | 28 |          |
| 29 |        | 29 |        | 29 |        | 29 |        | 29 |        | 29 |        | 29 |         | 29 |         | 29 |         | 29 |          |
| 30 |        | 30 |        | 30 |        | 30 |        | 30 | BG 2   |    |        | 30 |         | 30 |         | 30 |         | 30 |          |
|    |        | 31 |        |    |        | 31 |        | 31 | BG 2   |    |        | 31 |         |    |         | 31 |         |    |          |

TFH : Touch for Health / BG = Brain Gym / SR = Stress Release